

## BABY ITEMS LIST

### Layette

- Gowns / long - 3 size newborn and 3 size 3/6 mo.
- Undershirts / one-piece - 2/4 size newborn and 2/4 size 3/6 mo.
- Socks - 4/6 infant size
- Outfits / one piece - 2/4 size newborn and 4/6 size 3/6 mo.
- Sweater / jacket - 1 light sweater and 1 heavy sweater or jacket
- Hat / bonnet - 2 in cotton
- Bib - 4/6
- Cloth diaper - 2 dozen
- Bath towel with hood - 2/4
- Baby washcloths - 4/6
- Receiving blankets - 2/4 100% cotton - thermal
- Heavy blankets - 2
- Crib sheets - 3/4
- Waterproof crib pad - 2/3
- Bedding / comforter / bumpers
- Changing table pad cover - 2/3

### Miscellaneous

- Pacifier - 2/4 newborn size
- Bottles - 2/4 4 oz (recommended Avent, Playtex Nurser)
- Bottle brush / bottle drying rack
- Baby wipes
- Diapers - 2/4 package newborn size
- Baby nail clipper, scissors, files
- Baby brush (soft)
- Thermometer / nasal aspirator
- Cotton pads - big/cotton balls / gaze/ qtips
- Mild soap / baby shampoo / cream for diaper rash (consult your doctor)
- Alcohol / petroleum jelly
- Hand sanitizer / Kleenex

### Furniture and Accessories

- Crib & bassinet
- Wedge - keeps baby sleeping on its side
- Mattress - for crib & bassinet
- Changing table
- Dresser / lamp
- Clothes hamper / trash can
- Bath tub - with newborn insert or sling (recommended: Safety 1<sup>st</sup> 4-in-1 bath station)
- Diaper pail (recommended: Diaper Dekor or Diaper Champ)
- Wipe warmer / bottle warmer
- Nursery monitor / mobile
- Humidifier / vaporizer
- Infant car seat with newborn insert
- Stroller / high chair
- Swing / bouncer
- Rocking chair / foot stool
- Portable crib Pack N Play 3-way is a nice one
- CD Player for baby's room / good collection of day/night time music
- Infant toys / gym for them to lay under / black n white toys

### If Breastfeeding

- Electric breast pump (rent or buy after birth -" Pump in Style Advanced Medella)
- Storage - freezer bags
- Cotton nursing bra - 2/3 (preferably without underwires)
- Breastfeeding pillow (My Breast Friend is recommended)
- Breast cream for nipples (special kind from a lactation consultant)
- Breastfeeding pads for bra (disposable or machines washables)